

THE GOOD NEWS

**Holy Faith Episcopal Church
6990 South Federal Highway
Port St Lucie, Florida 34952**

**A congregation of many
nationalities worshipping
together in joy.
October 2012. Vol. 13 No. 10**



**This GOOD NEWS is
especially for**

You

Rev. William H. Smith – Priest – in - Charge
HOLY FAITH EPISCOPAL CHURCH
Office Telephone 772-464-4570
Email holyfaithpsl@aol.com
Website: <http://holyfaithpsl.org>

Clergy

Priest in Charge - The Rev. William H. Smith 337-4887
Assistant Priest –The Rev. Jose P. Fernandez (Spanish) 340-4910
Associate Priest – The Rev. Burnet Cherisol (Haitian) 672-1310

Organist – Susan Adams 873-9493
Email eyequilt@bellsouth.net

Services

Sunday

8 am Rite I with music
10 am Rite II with Choir
Noon Rite II Spanish
Sunday School at 10am and noon

Wednesday

10 am Holy Communion and Healing Service

THE GOOD NEWS is published monthly by Holy Faith Episcopal Church

6990 S. Federal Highway, Port St. Lucie, FL 34952

Leadership
Vestry

Senior Warden: Olga Chavez (2013)
Junior Warden: George Cleary (2014)
Bonnie Claren (2015)
Elias Jansen (2015)
Aquinda Toppin (2015)

Wayne Griffin (2014)
Janet Clarke (2013)
Juan Gomez (2013)
Carmen Mendoza (2014)

Treasurer: George Adams
Assist. Treasurer: Fay Edwards Taylor 879-4557

Recording Secretary: Susan Adams
Parish Coordinator: TBA

Committee Chairs

Acolytes: Ginny Williams – 873-9428
Aurora Mata – 561-704-3495
Activities: Aquinda Toppin – 237-2501
Adult/Youth Ed: Terri Mullins – 465 - 4184
Carmen Mendosa
Altar Guild: May Thomas - 871-1740
Jocelyn Newport – 879-7920
Buildings & Grounds: George Cleary
Coffee Hour: Aquinda Toppin
Daughters of the King: Ethlyn Moody – 344-4777
Florists: Paula Smith - 337-4887
Finance: Wayne Griffin -
Lectors: Linda Crossett - 343-9777/ Aurora Mata
LEM: Linda Crossett/ Maria Publito Barrios
Men's Group: TBA

Music/Choir Director, Spanish: Miguel Pena
Newsletter: Editor-in-Chief - 464-4570
Editor - Arlene Mighty - 879-3071
Organist/ Choir Director: Susan Adams - 873-9493
Outreach: Jennifer Gardner - 408-6699
Pastoral Care: Shirley Heath - 344-5043
Publicist: Allan Anter - 468-8560
Search: Terri Mullins - 465-4184
Stewardship: TBA
Thrift Shop: Ethlyn Moody - 344-4777
Ushers/Greeters: Martha Hovsepian - 460-8777
Leo McCalla - 871-9621
Vision: TBA
Web Mistress: Carole Gooden - 336-0329
Youth Group: Bonnie Claren - 621-9803
Cecilia Escorbore -

Episcopal Church Women/ St. Margaret's Guild/Happy Talk : Janet Clarke – 878-2140

HAPPY BIRTHDAY

10/02 Adolfo Barrios
10/05 Alexander Quintana
10/06 Juan Torres
10/08 Ena Cushnie
10/09 Margaret Goddard
10/10 Dorothy Duncan
10/11 Steven Morales



10/16 Mariana Upright
10/20 Deneise Soltau
10/21 Vesta Stephenson
10/23 Diego Aida
10/25 Leandus Campbell
10/26 Margaret Evans
10/27 Gertrude McLeod

HAPPY ANNIVERSARY

10/05 Patrick & Juliet Crozier
10/06 Miguel & Clara Silva



10/07 Clarence & Gloria Abrahams
10/25 Bruce & Gertrude McLeod

ON RETIRING YET AGAIN

Some thoughts from Father Bill

When Paula and I moved to Port St Lucie in the year 2000 we thought that we had come here to retire. The plan was that we would spend time creating a home and a garden. We would have quality time together, and from time to time we would fly off to be with one or other of the children for a while. Paula would pursue her interests – and she has many, and I would write some of the books that our children have urged me to write.

We should have known what might happen. After all, I had retired from the United Nations in 1995 and within six months the Executive Director of the agency for which I had worked called me from Nairobi virtually ordering me to return to duty as they had found no replacement for me. As politely as I could I told him that I was not available, especially during Lent and the Easter season. As a parish priest I was answerable to someone else, someone somewhat more important in the scheme of things than the Executive Director of a United Nations agency.

Indeed, I had left Nairobi on a Thursday evening, changed planes in Frankfurt and Chicago and had taken up my position in the Diocese of Western Michigan on the Friday evening. That must be one of the shortest retirements on record. We stayed in Western Michigan for five years seeing our children safely launched, well sort of, on their careers. My job was to be Priest-in-Residence during an interregnum that was supposed to last eighteen months to two years. But that did not exactly pan out according to the plans of the Diocese or ourselves. But at Trinity 2000 we retired, even though the Search Committee had not yet found a new rector, although the search was well along the way.

So we came here and at first all went according to our hopes and dreams, but then Father Dan felt a call to serve a couple of small parishes in Upstate New York, and, as the saying goes, the rest is History. Somehow in the decade since Father Dan and Pat left Holy Faith I have been the celebrant at the Christ Mass six times! Not bad for a retiree. And the garden has been planted and a house has been turned into a home. We have been able to

spend time with our children, and our grandchildren, and to visit other places as well. Some books have been written, but not any of the ones that I had planned, at least not yet.

Over the past twelve years we have seen some major changes in the life of Holy Faith, most of them not even dreamt about in the year 2000. Old faces have moved on while new faces have moved in. Some activities have come to an end, while others have been taken up. The appearance of the compound has changed, in part spurred on by meteorological factors. Yet the essence of Holy Faith remains much the same, a congregation of faithful strangers and newcomers, each of whom has something to offer (some of them much to offer), striving to seek the path that the Good Lord has in mind for this congregation.

Our job, Paula's and mine, has not been so much to give direction but rather to foster and encourage the desire among the members of Holy Faith to, together, discern the direction God is leading us all in. Now that is a real challenge, but God never sets a challenge that his people cannot meet if only they would listen to his Son, as he told the apostles at the Transfiguration. No one, clergy or lay, is here to foist some ideas of their own on the rest of us. As the prophet Isaiah put it, "Those who wait upon the Lord will renew their faith", and I would like to think as the Vestry and people really wait upon the Lord that Holy Faith will be renewed.

So we step aside yet again. We hope and pray that this is for the last time. But we read our Bibles, and we know that the Lord is not above calling upon an eighty-year old to perform an incredible task – just ask Moses. And like Moses, we somehow feel that if the call should come, it will not have anything to do with anything we have been led by him to do in the past.

And we step aside with fond thoughts of those who have been sources of encouragement over the past decade, with prayers for everyone – including those who have not always seen eye-to-eye with us, and with thankfulness to the Lord that he has allowed us to be your servants.

Pastoral Care Ministry

Faithfulness counts.

Prayer is like that. Sometimes we don't feel like praying, or feel we don't have time.

Sometimes it seems as though our words hit the ceiling and drop like stones to the floor and never get to God.

We often know that our words are inadequate, inarticulate, and not at all eloquent. None of this matter.

Pray anyway.

God hears even if we don't perceive it. God answers in God's own time and manner, not on our timetable or in the way we expect.

But God will answer.

If we are faithful, God will be faithful.

Jean Fithian.

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PICTORIAL DIRECTORY

On November 15th, 16th and 17th Lifetouch will be at Holy Faith to take photographs for a Pictorial directory.

On October 7th Volunteers will begin signing up members of the congregation after each Service. This will continue for the next three or four Sundays

Each member/family will be scheduled to a specific time. You may invite family and friends to have their portraits taken. They need not be members of Holy Faith. Everyone/family will receive a free 8X10 portrait, but only members of Holy Faith will be included in and receive a Directory. Additional portraits will be available for purchase.

Your cooperation is necessary for this undertaking to be successful.

Project Coordinator
Arlene Mighty

HAPPENINGS AT HOLY FAITH

A **Fall Barbecue** will be held at Holy Faith on November 3rd from 12 noon to 5pm. Cost will be \$10 for Adults and \$5 for children under 12. Tickets will be available shortly from George Cleary.

Harvest Sunday is November 4th. You are invited to bring produce/flowers from your garden. These items will be presented to God in thanksgiving for his gifts, and will be for sale to support Holy Faith.

The Annual Meeting is scheduled to be held on January 6, 2013. Three members of the Vestry will be stepping down.

Wanted! Three members of Holy Faith to be **delegates** and three to be **alternates** to the Annual Convention to be held in Winter Park on January 26th 2013. Please inform a member of the Vestry if you are willing to undertake any of these ventures.

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LIVING HOLITICALLY

Mayo Clinic On Aspirin

Dr. Virend Somers, is a Cardiologist from the Mayo Clinic, who is lead author of the report in the July 29, 2008 issue of the Journal of the American College of Cardiology.

Most heart attacks occur in the day, generally between 6 A.M. and noon. Having one during the night, when the heart should be most at rest, means that something unusual happened. Somers and his colleagues have been working for a decade to show that sleep apnea is to blame.

1. If you take an aspirin or a baby aspirin once a day, take it at night.

The reason: Aspirin has a 24-hour "half-life"; therefore, if most heart attacks happen in the wee hours of the morning, the Aspirin would be strongest in your system.

2. FYI,

Aspirin lasts a really long time in your medicine chest for years, (when it gets old, it smells like vinegar).

Bayer is making crystal aspirin to dissolve instantly on the tongue.

They work much faster than the tablets.
Why keep Aspirin by your bedside? It's about
Heart Attacks -

There are other symptoms of a heart attack,
besides the pain on the left arm. One must
also be aware of an intense pain on the chin,
as well as nausea and lots of sweating;
however, these symptoms may also occur less
frequently.

**Note: There may be NO pain in the chest
during a heart attack.**

The majority of people (about 60%) who had
a heart attack during their sleep did not wake
up.

However, if it occurs, the chest pain may wake
you up from your deep sleep.

If that happens, immediately dissolve two
aspirins in your mouth and swallow them with
a bit of water.

Afterwards:

- Call 911.
- Phone a neighbor or a family member who
lives very close by.
- Say "heart attack!"
- Say that you have taken 2 Aspirins.
- OPEN THE FRONT DOOR, THEN,

Take a seat on a chair, or sofa and wait for
their arrival and

...DO NOT LIE DOWN!

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FROM THE EDITOR

Articles for the Newsletter are due on the
15th of each month.

They are to be submitted via email to the
church – holyfaithpsl@aol.com

Or to the Editor –

emighty060@hotmail.com

Thank you,

Ed.

**The Benefits of Making Jesus
'Lord'...No one can say that Jesus
is Lord except by the Holy Spirit.'**

1 Corinthians 12:3 NKJV

Making Jesus 'Lord' of your life means
that He must have the first and last word
in all things which concern you. It means
you are called to walk with Him, to prove
yourself valuable to Him, to please Him
and do what He wants, when He wants it,
and in the way He wants it done. Here are
three great benefits that come from
putting Jesus behind the wheel and
making Him 'Lord'

**(1) When you don't know what to say,
He will tell you.** 'The Sovereign Lord has
given Me His words of wisdom, so that I
may know how to comfort the weary.
Morning by morning He wakens Me and
opens My understanding to His will. The
Sovereign Lord has spoken to Me, and I
have listened. I have not rebelled or
turned away.' ([Isaiah 50:4-5 NLT](#))

**(2) When you can't defend yourself, He
will fight for you.** '...The Lord is my
fortress, protecting me from danger, so
why should I tremble? When evil people
come to devour me...they will stumble and
fall. Though a mighty army surrounds me,
my heart will not be afraid. Even if I am
attacked, I will remain confident.' ([Psalm
27:1-3 NLT](#))

**(3) When the burden feels too heavy, He
will carry it for you.** 'Give your burdens
to the Lord, and He will take care of you.
He will not permit the godly to slip and
fall.' ([Psalm 55:22 NLT](#)) And these three
benefits are yours when you make Jesus
'Lord' over every area of your life.

Bob Gass – The Word for Today

SERVERS' SCHEDULE - OCTOBER 2012

<u>LAY EUCHARISTIC MINISTERS</u>	<u>LECTORS</u>	<u>USHERS/ GREETERS</u>	<u>FLORISTS</u>
<p>7. 8am – E. Francis 10am – G. Williams</p> <p>14. 8am L. Crossett 10am – B. Claren</p> <p>21. 8am – S. Heath 10am – H. Walcott</p> <p>28. 8am – L. Crossett 10am - L. McCalla</p>	<p>7. 8am - E. Francis V. Alleyne</p> <p>10am – G. Horne H. Walcott</p> <p>14. 8am – L. Crossett G. Adams</p> <p>10am – I. Duncan J. Stone</p>	<p>7. 8am – A. Francis E. Francis</p> <p>10am - L. Mullings J. Clarke</p> <p>14. 8am - A. Francis E. Francis</p> <p>10am – L. McCalla U. McCalla</p>	<p>7. S. Heath D. Huggins</p> <p>14. M. Stephenson E. Dixon</p> <p>21. G. Abrahams J. Newport</p> <p>28. P. Smith V. Stephenson A. Creary</p>
<p><u>ALTAR GUILD</u></p> <p>7. 8am - J. Stone 10am – I. Vaceannie</p> <p>14. 8am - J. Stone 10am - I. Vaceannie</p> <p>21. 8am - J. Stone 10am - I. Vaceannie</p> <p>28 8am - J. Stone 10am - I. Vaceannie</p>	<p>21. 8am – S. Heath A. Anter</p> <p>10am – B. Claren D. Moehl</p> <p>28. 8am – L. Crossett M. Upright</p> <p>10am – J. Stone C. Inniss</p>	<p>21.8am - A. Francis E. Francis</p> <p>10am – J. Guilleume</p> <p>28. 8am - A. Francis E. Francis</p> <p>10am – P. Stephenson J. Stephenson</p>	<p><u>COFFEE HOUR HOSTS</u></p> <p>7. Ushers/Greeters</p> <p>14. Choir</p> <p>21. Greeters/Ushers</p> <p>28. Hospitality (Activities)</p>

IF YOU ARE UNABLE TO SERVE PLEASE ARRANGE FOR A SUBSTITUTE